

## CURRICULUM VITAE

**Name: Dr. Syeda Anjum Afreen**

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Guwahati-781003, Assam.

### Education Qualification:

- High School: St. Joseph's Convent School, Assam, 2006
- Intermediate School: Maria's Public School, Assam, 2008
- Certificate Course from Computer Home, Mangaldai (Darrang), 2009
- Graduate in Psychology(Hons), 2011 and Post Graduate in Clinical Psychology, 2013 from Jamia Millia Islamia (Central University), New Delhi .
- Awarded Ph.D in 2020 from the Department of Psychology, Gauhati University.

### Skills:

- Language Proficiencies: English, Assamese, Hindi.
- Computer Skills: Fundamental/MS-Windows, MS Word, MS Excel, MS PowerPoint, Concepts of Multimedia, SPSS
- Good Communication and interpersonal Skills.
- A constant desire to learn, improve, experiment and quick in grasping new concept and visualize opportunities.
- Confident, self-disciplined, determined, compassionate and a dedicated worker.

### Participations and Achievements:

- Represented Jamia Millia Islamia (CentralUniversity) in North Zone Table Tennis competition held in Rohilkhand University,Bareilly 2009.
- Volunteered for an International Seminar/exhibition entitled 'Nicholas Roerich':his legacy and quest' in Jamia Millia Islamia, New Delhi 2009.
- Attended a National Seminar on 'Aggression and Violence: Challenges for Social Well-being' held in Jamia Millia Islamia, New Delhi, 2010.
- Attended a seminar on 'Women and Violence' held in Jamia Millia Islamia, New Delhi, 2013.
- Attended a session on 'Gestalt Therapy' conducted by Department of Psychology, Jamia Millia Islamia, New Delhi, 2012.
- Attended a workshop on 'Academic Writing' at MIND India, Institute of Positive Mental Health & Research, Guwahati, 2014.
- Attended a Seminar on 'Critical Review of Mental Health Care Bill' organised by Ashadeep and Proyx, Guwahati, 2014.
- Attended a workshop on Meta Cognitive teaching and NIPCCID Psychological welfare training at NPS International School, Guwahati,2015.
- Presented a Research paper on 'Imporatnce of Teacher-Student Relationship for Achievement and Success among School Students' at Annual InSPA International Conference, Gauhati University, 2014

- Presented a Research paper on ‘Hope among victims of Communal Violence in Assam’ at an International Conference on Psychosocial Perspective on Health and Well-Being at Jamia Millia Islamia, New Delhi 2016.
- Conducted a Symposium on ‘Flourishing: An Essential Concept in Promoting Well-Being in Schools’ at InSPA International Conference held at Pondicherry University, Puducherry 2016.
- Presented a Research paper on ‘Post Traumatic Stress and Post Traumatic Growth among Victims of Communal Violence in Assam’ in an International Conference to be held in Jaipur, February 2017.
- Participated at “Ancient Buddhist Philosophy And Contemporary Indian Society” conference at Assam Administrative Staff College, Guwahati on September 24-25, 2018.
- Attended Workshop on Digital Learning organized by Handique Girls’ College, Guwahati, Assam 2018.
- Attended One Day Workshop on Understanding on Self & Emotion in the Indian Tradition organized by Psychologists’ Association of North-East India (PANEI), 2019.
- Participated as delegate in the Conference for CME/Workshop & Poster Presentation at 6<sup>th</sup> National Conference of ICANCL(IAP) Indian Child Abuse, Neglect and Child Labor group, Guwahati 2019.
- Presented and participated in First International Conference on Mental Health and Well-being among School Children held in Sri Lanka on the topic “Trauma and fear reaction among tea tribe students of Assam”, February 2020 by Asia Pacific School Psychology Association.
- Presented a paper at Global Conference on emerging technologies, business, sustainable innovative business practices and social wellbeing on the topic “A correlational study of optimism and psychological well being among college students” Guwahati 2022.
- Presented a paper at Global Conference on emerging technologies, business, sustainable innovative business practices and social wellbeing on the topic “Patenting styles and adjustment among Emerging Adults of Guwahati Metro City, Assam” Guwahati 2022.
- Participated in a 7-Day Faculty Development Programme on Data Analysis Using Machine Learning Software from 26th April to 4<sup>th</sup> May 2023 at Royal Global University, Guwahati.

Work Experience :

- Clinical Internship at Department of Psychiatry, Guru Teg Bahadur Hospital (Govt. of Delhi), New Delhi 2012.
- Worked with Barclays Shared Service(British Bank) as Process Advisor, Noida, 2013.
- Worked with NPS International School, as Psychology Faculty and School Counsellor, Guwahati, 2015-2016.
- Teaching Faculty at Handique Girls’ College (August 2016-October2022).

Personal Details:

- Father's Name: Late Syed Shah Alam
- Mother's Name: Atika Sultana
- Gender: Female
- Spouse: Dr. Aftab Ali Ahmed
- Children: 2 (Two)
- D-O-B: 10<sup>th</sup> November 1990
- Caste: General
- Blood Group: O+
- Permanent address: House Number 294, Jotia Road, near Blue Moon Guesthouse, Guwahati-781006, Assam.
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Career Objective:

To become a successful professional and work in a positive environment that encourages growth and development.

**DECLARATION**

I, hereby declare that the above furnished details are true, complete and correct to the best of my knowledge.

*Syeda Anjum Afreen .*

Dr. Syeda Anjum Afreen  
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Guwahati, Assam